



Diocese of Shreveport Child Nutrition Program

Our Lady of Fatima School February 2023 Menu

Check out our new school lunch menu options! 5 YES, 5 main entrée menu options offered daily! Plus, Charcuterie Boxes and Chef Salads are offered as a complete meal, just grab a milk!

*** NEW! Charcuterie LUNCH Boxes for grades K-8th may include Pepperoni, Egg, Ham, Turkey, or Cheese along with Fresh Fruit, Veggies and Crackers.**

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken & Waffles w/ Syrup Breakfast Pancake Sausage Stick w/ Syrup Yogurt Cup w/ Graham Crackers Hashbrown Potatoes Peas & Carrots Pineapple Tidbits Milk	Pizza Hut Pizza Yogurt Cup w/ Graham Crackers Sweet Potato Soufflé Crisp Spring Salad Fresh Seasonal Fruit Rice & Gravy Milk	Grilled Chicken Sandwich Chicken Nuggets Yogurt Cup w/ Graham Crackers Red Beans & Rice Sweet Corn Sweet Chilled Pears Royal Brownie Milk
6	7	8	9	10
Sloppy Joe Sandwich Popcorn Chicken Yogurt Cup w/ Graham Crackers Sweet Buttered Carrots Oven Crisp French Fries Sweet Chilled Peaches Mac & Cheese Milk	Frito Taco Burrito (K-8) Mini Corn Dogs (Pre-K-8) Yogurt Cup w/ Graham Crackers Sweet Corn Refried Beans Classic Applesauce Cinnamon Roll Milk	Breaded Chicken Tenders (K-8) Mini Corn Dogs (K-8) Yogurt Cup w/ Graham Crackers Creamy Whipped Potatoes Sautéed Mixed Greens Fruit Cocktail w/ Jell-O Cornbread w/Syrup Milk	Pizza Hut Pizza Yogurt Cup w/ Graham Crackers English Sweet Peas Fresh Cucumber Sticks w/ Ranch Dressing Fresh Seasonal Fruit Rice & Gravy Milk	Grilled Cheese Sandwich Chicken Nuggets Yogurt Cup w/ Graham Crackers Tomato Soup Fresh Broccoli Florets w/ Ranch Dressing Sweet Sliced Pears Milk
13	14	15	16	17
Midway Corndog Chicken Nuggets Yogurt Cup w/ Graham Crackers Tater Tots Steamed Broccoli Sweet Chilled Peaches Sugar Cookie Milk	Hamburger Mac & Cheese Popcorn Chicken Yogurt Cup w/ Graham Crackers Fresh Baby Carrots Seasoned Green Beans Classic Applesauce Homemade Yeast Roll Milk	French Toast & Sausage w/ Syrup Breakfast Pancake Sausage Stick w/ Syrup Yogurt Cup w/ Graham Crackers Hashbrown Potatoes Peas & Carrots Pineapple Tidbits Milk	Pizza Hut Pizza Yogurt Cup w/ Graham Crackers Sweet Potato Soufflé Crisp Spring Salad Fresh Seasonal Fruit Rice & Gravy Milk	BBQ Pulled Pork Sandwich Mini Corn Dogs Yogurt Cup w/ Graham Crackers Best Baked Beans Oven Crisp French Fries Sliced Dill Pickles Sweet Sliced Pears Strawberry Jell-O Milk
20	21	22	23	24
		Catch of the Day Fish Scribblers or Fish Sandwich Charcuterie Lunch w/ Egg Yogurt Cup w/ Graham Crackers French Fries Peas & Carrots Pineapple Tidbits Milk	Pizza Hut Pizza Yogurt Cup w/ Graham Crackers Sweet Potato Soufflé Crisp Spring Salad Fresh Seasonal Fruit Rice & Gravy Milk	Nachos w/ Cheese Charcuterie Lunch w/ Egg Yogurt Cup w/ Graham Crackers Red Beans & Rice Sweet Corn Sweet Chilled Pears Royal Brownie Milk
27	28	Menus are subject to change based on delivery of products.		
Sloppy Joe Sandwich Popcorn Chicken Yogurt Cup w/ Graham Crackers Sweet Buttered Carrots Oven Crisp French Fries Sweet Chilled Peaches Mac & Cheese Milk	Pizza Hut Pizza Yogurt Cup w/ Graham Crackers English Sweet Peas Fresh Cucumber Sticks w/ Ranch Dressing Fresh Seasonal Fruit Rice & Gravy Milk	<ul style="list-style-type: none"> Please sign up for FREE to monitor and maintain your child's meal account at www.myschoolbucks.com For more information, please contact the Diocese of Shreveport Office of Child Nutrition at (318) 219-7297, or go to http://www.dioshpt.org/ministries/catholic-schools/school-nutrition-program/ 		

2022-2023 Meal Prices

Student \$3.50
 Adult/Visitor \$5.00

2nd Servings

Main Dish \$1.50
 Veggie or Fruit \$0.75
 Breads \$0.50
 Milk \$0.75

Smart Snacks are available at additional cost. Monthly Menus and all prices are posted online and in school cafeterias.

Pre-K students receive one entree and all other item listed with portion sizes according to age. Students in grades K-8th must choose at least 3 of 5 meal components offered daily (protein, grain, vegetable, fruit, and milk) and 1 component must be a fruit or a vegetable.

Chef Salads offered daily upon request only and may include Egg, Chicken Strips, Ham, or Turkey.

Daily Options:

- Fat Free condiments** may include: Ranch, Italian, Honey Mustard Dressings, and Ketchup.
- Milk Choices** include: Fat-Free Chocolate Milk and 1% White Milk.
- Whole Grains:** 80% of all grain items are Whole Grain Rich.
- Extra Sales USDA Approved Smart Snacks** options offered daily may include: 100% Fruit Juices, variety of Baked Chips, and low-fat and/or sugar-free Frozen Juices or Ice Creams.